

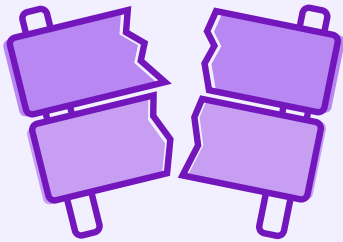


How Amano puts you at the centre of your non-medical help (NMH) support.

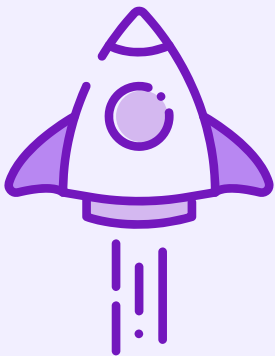


## How does Amano NMH support help you?

### Remove your barriers to learning



Each of our non-medical help consultants has an array of coping strategies, tools and resources to share with you that can help you break down the barriers preventing you from learning. These can be study skills barriers such as time management, note-taking and revision techniques or more personal barriers such as anxiety, depression and low confidence.



### Fulfil your true potential

With the support of non-medical help removing barriers it is easier to engage in your education fully. This enables you to concentrate on the main reason you're at university – to fulfil your true potential.



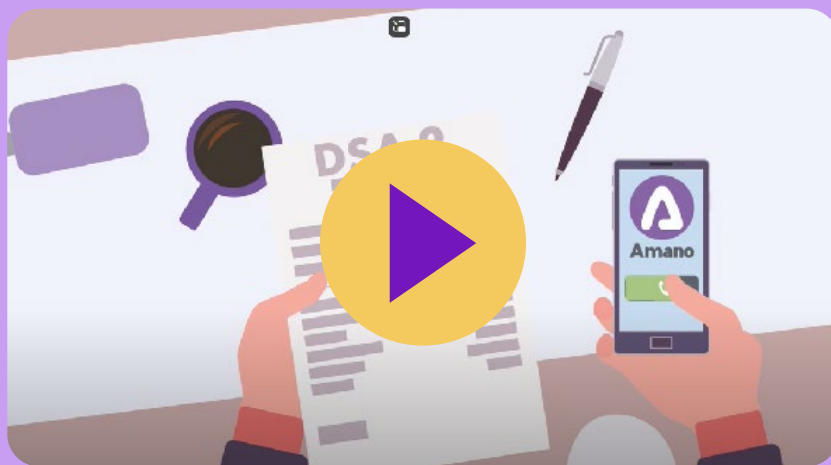
### Get personalised, expert support

Each of our students is carefully matched with a non-medical help consultant. We take great care and attention in this process. We take into account all of the students' needs to ensure they can get the most out of each and every non-medical help support session.



## Getting started: Your support, your way, achieving what you want.

Before your first session we will send you a welcome email. This will cover everything you need to know about accessing your support, including an introduction to your consultant. Watch this video on how to get started with your NMH support:



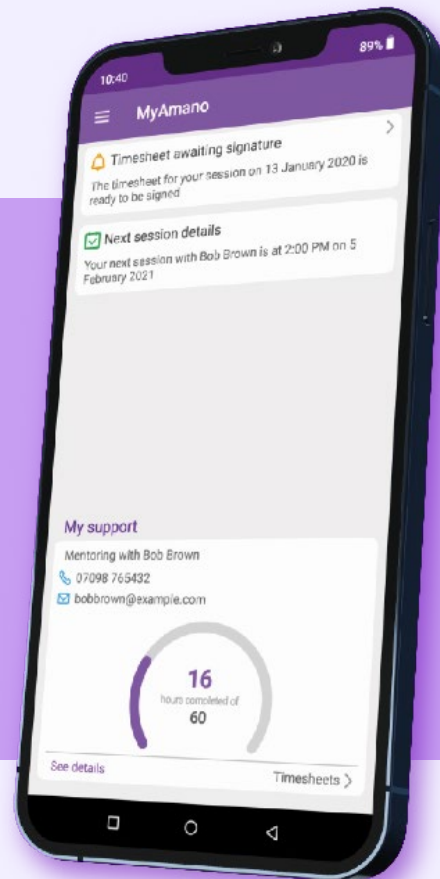
## You and your consultant: Personalised support that makes a difference.

Before your first session you are matched with the ideal consultant, based on your needs. In your welcome email you will also receive a profile on your consultant. This includes how long they've worked at Amano plus some fun facts, such as their favourite film. We hope this makes for a relaxed first meeting with your consultant, knowing a bit about who they are.

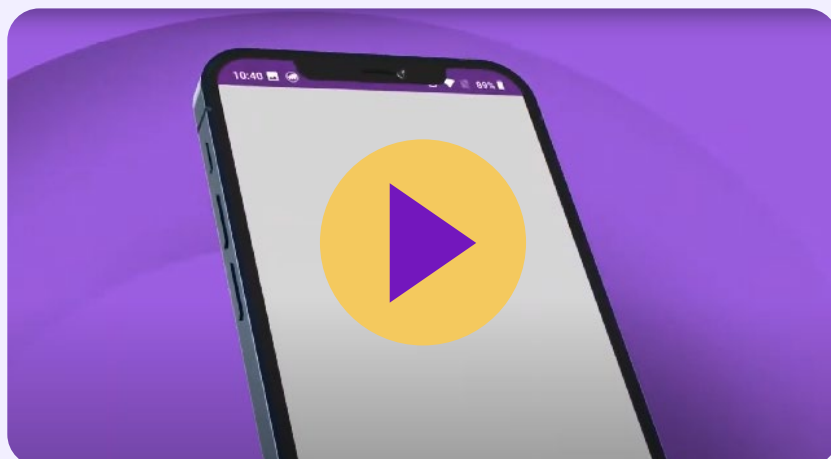
During your first session your consultant will get to know you and work with you to establish your learning and mentoring priorities. This gives you a clear focus and ensures you get what you want out of your support.



# MyAmano app: Manage your support any time, anywhere.



It's important you are in control of your support. That's where the MyAmano app comes in. MyAmano enables you to manage your Amano support any time, anywhere. Using the app you can sign timesheets, view upcoming session details, check your progress through your allotted hours and much more.





Chloe Mason, Student Support Coordinator

To ensure our student support is of the highest standard it's essential we get feedback from the most important people - our students.

We frequently ask our students their feedback on Amano.

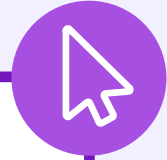


97% of students said they would recommend Amano to a colleague or friend.



94% of students rate the support they receive from Amano as excellent or good.





My Mentor, Duncan is amazing. Without his support, I would of dropped out of University a long time ago. It's like a reset each week, where I talk about my worries or do a study plan and I feel better and less stressed. It's invaluable.

**Emma Margaret Stevens**



Philip was a truly amazing tutor, so patient, able to communicate effectively with me so I understood things when they didn't seem logical and he also understood my particular disabilities. I would not have been able to complete my course without his support and coaching and patience, I never thought I would achieve my degree but I have, and I realise Phil's support was invaluable. He is an amazing person and I could not rate him highly enough, thank you.

**Katie Hill**



Jane has been superb with me for a number of years now. She has been instrumental in getting me from a place where I could barely leave the house and struggling to complete any university work to now being on course to getting a first in a masters and manage a happy work-life balance. She encouraged me to seek out a diagnosis for ASC and later ADHD, and subsequently provided top-tier support throughout in managing these conditions.

**Frazer Gault**





**Pavan Bhardwaj,**  
Customer Service  
Administrator

Get in touch with Amano to arrange your non-medical help support. Our customer care team will guide you through the quick and simple booking process.



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